

NAMELESS

N E W S L E T T E R

SUMMER 2022

GET TO KNOW AREA 4

PAGE 8

EDITORIAL ON THE 7TH TRADITION

PAGE 15

CALL FOR STORIES

Stories wanted for the upcoming
5th edition of the Big Book
PAGE 17

IT HAPPENED TO ALICE

Reprint of the original 1968
"comic book" style pamphlet
PAGE 13

Published by YOUR Arkansas Central Office

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CENTRAL OFFICE REPRESENTATIVES

(CORS) MEET EVERY MONTH 4TH

WEDNESDAY @ 5:30

THE BOARD MEETS JAN, APR, JUL,
OCT ON THE 3RD MONDAY @ 5:30 PM

THE ABOVE MEETINGS ARE ON ZOOM AT
THIS TIME. ANYONE IN A.A. IS
INVITED TO ATTEND THE CORS OR
BOARD MEETING. PLEASE CALL THE
OFFICE FOR MEETING NUMBERS.



Inside This Issue

- 4 MISSION STATEMENT
- 5 DOES YOUR GROUP USE THE CONCEPTS?
- 7 WE ARE NOT A GLUM LOT
- 8 GET TO KNOW AREA 4
- 9 MOMENTS IN A.A. HISTORY
- 11 UPCOMING EVENTS
- 13 IT HAPPENED TO ALICE, VOL. 2
- 14 THE SHOPPING CART MENTAL ATTITUDE
- 15 EDITORIAL ON THE 7TH TRADITION
- 16 STEP 7, TRADITION 7, CONCEPT 7
- 17 CALL FOR STORIES
- 18 CENTRAL OFFICE PHONE CALL STATS
- 19 1ST QUARTER FINANCIAL REPORT 2022
- 21-28 EVENT FLYERS

MISSION STATEMENT



THE ARKANSAS CENTRAL OFFICES' STAFF AND VOLUNTEERS WILL STRIVE TO CARRY THE A.A. MESSAGE TO THE STILL SUFFERING ALCOHOLIC.

IT IS OUR MISSION TO SUPPORT ARKANSAS' A.A. MEETING GROUPS BY KEEPING THEM INFORMED OF THE NEWS AND ACTIVITIES OF ALCOHOLICS ANONYMOUS THROUGH OUR WEBSITE AND NEWSLETTER. TO PROVIDE CURRENT CONFERENCE APPROVED LITERATURE AND OTHER RECOVERY RELATED MATERIALS, AND TO OFFER INDIVIDUAL SUPPORT TO THE STILL SUFFERING ALCOHOLIC THROUGH OUR 12 STEP AND AFTER HOURS ON CALL SERVICE.

WE ARE ACCOUNTABLE TO THE ARKANSAS A.A. GROUPS WE SERVE THROUGH THE CENTRAL OFFICE REPRESENTATIVES (CORS) SELECTED BY THE VARIOUS A.A. GROUPS AND SHALL FUNCTION WITHIN THE PURVIEW OF THE 12 TRADITIONS OF ALCOHOLICS ANONYMOUS AND THE GUIDELINES FOR INTERGROUP AND CENTRAL OFFICES AS SET FORTH BY THE GENERAL SERVICES OFFICE OF ALCOHOLICS ANONYMOUS.

THE STAFF AND VOLUNTEERS AT ARKANSAS CENTRAL OFFICE EMBRACE A.A.'S RESPONSIBILITY STATEMENT AS STATED. "I AM RESPONSIBLE... WHEN ANYONE, ANYWHERE, REACHES OUT FOR HELP, I WANT THE HAND OF A.A. ALWAYS TO BE THERE. AND FOR THAT, I AM RESPONSIBLE." ©

©REPRINTED FROM PAMPHLET P-1, THIS IS A.A., PAGE 24 WITH PERMISSION OF A.A. WORLD SERVICE INC.



NAMASTAY SOBER

DOES YOUR GROUP USE THE CONCEPTS?

AA's Twelve Concepts for World Service are so practical. In none of our literature is there theory or dogma--only firsthand experience. Two good examples of such practicality can be found in Concepts III and IV. They contain two of the principles that Bill felt ought to be given the widest latitude in practice, the "Right of Decision" and the "Right of Participation." Concept III reads: "To insure effective leadership, we should endow each element of AA--the Conference, the General Service Board and its service corporations, staffs, committees, and executives--with a traditional 'Right of Decision.'" The "Right of Decision" has proved to be a most practical way for groups to empower delegates to the General Service Conference to act in accordance with their conscience.

But the principles stated in the Concepts, like all our AA principles, are just as applicable in the home group. Our secretary, for example, is empowered through Concept III with the "Right of Decision." We trust in his thoughtful preparation to make announcements appropriate to our meetings--that is, announcements that are AA-related. We trust him not to announce, for instance, that Tom H. will be having a garage sale next weekend and hopes to see everyone there for great bargains-- come early! We trust our program chair whose principal job is to book meetings. We don't tell her what groups or individuals to book but trust her to decide, based, for instance, on how recently a group has sent speakers to us and whether the group is within reasonable commute. Our hospitality team makes regular use of the spirit of the "Right of Decision." They determine what kind of refreshments the group will enjoy and do the buying.

I remember an incident some years ago at my then home group where the "Right of Decision" was a bit manhandled. The chair opened the meeting one night by announcing that the scheduled speaker had not shown up and instead of the usual discussion she had decided, on her own, to put together a three-speaker meeting. Afterward, several people let her know that they had been expecting their regular discussion meeting and were upset. She defended her decision by reminding them that, as chair, it was up to her to make decisions for the good of the group. She felt that the group needed "perking up." So she changed the meeting format.

Concept III states that "we ought to trust our responsible leaders to decide, within the understood framework of their

duties, how they will interpret and apply their own authority and responsibility to each particular problem or situation as it arises." True enough, our chair had the final authority within the framework of her duties but by changing the meeting format she had overstepped her authority. Since a group, in its autonomy, decides on the format of its meetings through a legitimate voting process, she had unwittingly challenged the group's autonomy. I am happy to say that this trusted servant rethought the incident and became a wiser and consequently more valued member of the group.

As for Concept IV, the short form reads: "At all responsible levels, we ought to maintain a traditional 'Right of Participation,' allowing a voting representation in reasonable proportion to the responsibility that each must discharge." I recently witnessed a splendid example of the "Right of Participation" in action at a group in my area of which I was not a member. Opening a group inventory meeting, the chair requested that only members of the group participate; nonmembers could identify themselves but ought to refrain from commentary. If the chair had asked nonmembers to leave, I would have taken a grand-daddy of a resentment out into the night air. Instead, he invoked a very important part of the "Right of Participation" by recognizing my need to belong. I have also attended business meetings where the presiding officer announced that nonmembers were welcome to stay but must refrain from voting. Thus, thanks to the "Right of Participation," those of us who were not members were made to feel that we belonged, if not to that group, certainly to AA as a whole.

Participation, like the human body, comes in different shapes and sizes. I once heard a woman share at a meeting that she was having a hard time staying sober and couldn't understand why. She said she had a home group and was "very active." What came to light was that most of her activity consisted of participation in outside endeavors, such as the PTA, Red Cross, a home for the elderly, and her neighborhood hospital. As for her AA membership, she attended meetings but did no more. What she didn't understand or had forgotten is that, while all those community activities are admirable, what we are talking about is participation in AA activities. Of course, none of us is forced to do anything in AA.

As Concept IV says, my participation in AA activities is a right. I may participate as a member of my group's steering committee or an ad hoc committee, or as an elected officer, or just as a member of the group. Or I may choose not to actively participate at all. But from the moment I declare myself a member of Alcoholics Anonymous, the right to participate in AA activities becomes and remains inalienably mine until the moment I remove myself from the Fellowship of Alcoholics Anonymous. Thanks be to Dr. Bob and Bill for their vision.

Are you aware of the Concepts at work in your home group? Why not hold a meeting to talk about them and their value to your group? If you do, it might be a good idea to announce it in advance. You might ask your GSR to lead it, or your area delegate. You might consider making available a supply of the Conference-approved pamphlet *The Twelve Concepts Illustrated*, as I have done for workshops. It is informative and what's more, people get a genuine kick out of the drawings. I love pictures, don't you?

-- W. H.

New York, New York, AA Grapevine Inc.

"Participation,
like the human
body, comes in
different shapes
and sizes."

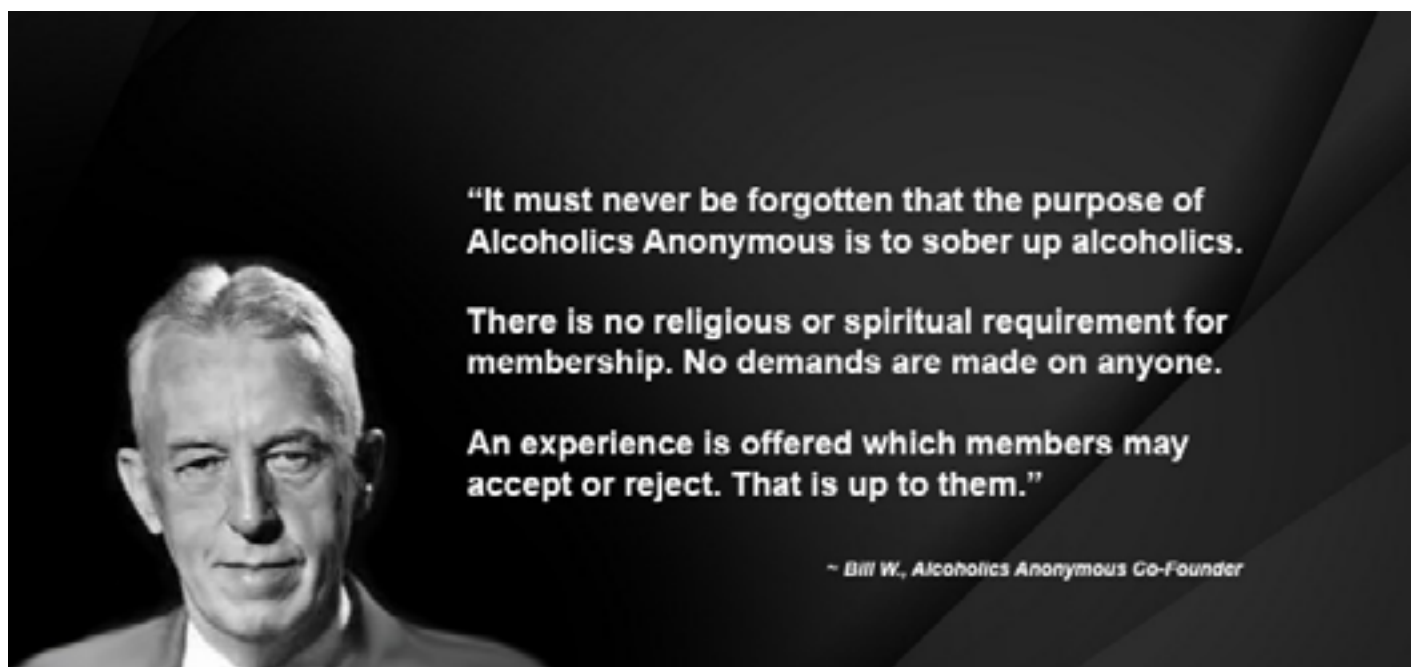
The Grapevine Half-Hour Variety Hour

Each week Don and Sam will interview a different member about their experience, strength and hope, in a casual "meeting after the meeting" manner. Special features will enhance each episode. A new podcast episode will be available in English every Monday

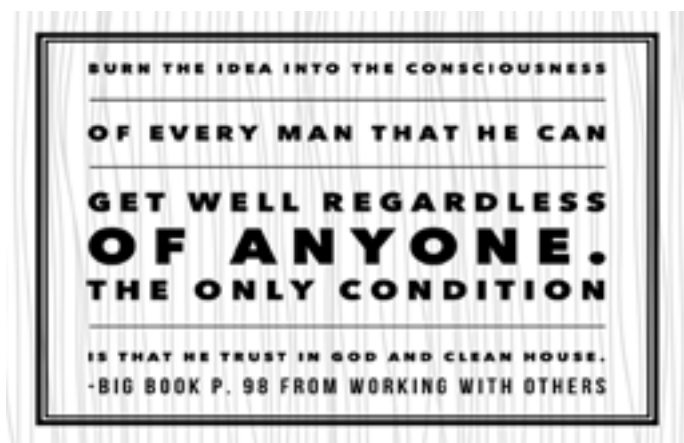
[Listen to the podcast here](#)

TO SUBSCRIBE

If you would like to receive this newsletter by email just send us an email at aacoar@gmail.com or call us at 501-664-6042



Need a special present for a friend, sponsor, sponsee or yourself? Your Central Office has coffee cups, medallions AA necklaces and AA key chains, AA rings, 3D printed AA items, AA bracelets and walls of books.



WE ARE NOT A GLUM LOT

The horse says "I don't think I am". Suddenly the horse poofs out of existence.

You see the joke is a reference to Descartes the philosopher who coined the phrase "I think. Therefore I am." However explaining this prior to the joke would be putting Descartes before the horse.

Her: I'm getting hints of oak
and cocoa

Him: I'm getting hammered



YOU MIGHT BE AN ALCOHOLIC IF...

You're fond of the saying "It's 5 o'clock somewhere."

You don't lose your car keys-- you lose your car.

You know what the barrel of a gun tastes like.

You're telling the truth when you say "I don't recall."

You consider beer to be the Breakfast of Champions.

You wake up to blue lights in the rearview mirror.

You think the pill bottle warning label "ALCOHOL MAY INTENSIFY THIS EFFECT" is a serving suggestion.

When the doctor advises clear fluids, you drink vodka.

The song that best describes your mornings is "Whole Lotta Shakin' Goin' On."

Underage Weasel

An underage weasel walks into a bar.

The bartender says, "I'm sorry. I can't serve underage weasels."

The weasel says, "That's fine. I don't need something alcoholic. What else do you have?"

The bartender says "Oh, we have lots! We have water, pop, tea, coffee, smoothies. What would you like?"

"Pop," goes the weasel.

A Horse walks into a bar

A horse walks into a bar and says to the barman "5 whiskeys please!" before downing the whole lot.

The barman looks at the horse and says "That's quite a stomach you've got, are you an alcoholic?"

Get to know Area 4!

Our next Area Assembly is July 9th & 10th, 2022. It will be a hybrid meeting at [Hole in the Wall Event Center](#) in Conway and on ZOOM. Email secretary@arkansasaa.org to ensure you receive updates regarding schedule changes.

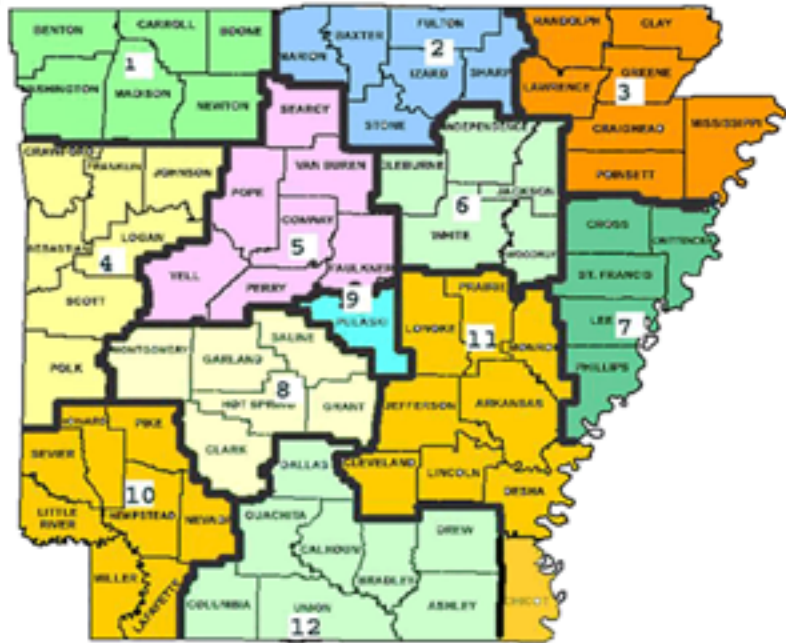
Rules of Order at Area 4 Meetings

- Items for consideration are put on the **agenda**.
- Items are posed to the meeting in the form of a **motion**.
- All motions require a **second**.
- Motions can be *amended*, *tabled*, or *moved to a vote*.
- A vote is taken and the **results** are announced. The **minority vote** is allowed to voice its opinion.
- If a member of the majority (those who "won") wishes to **change their vote**, a second vote is held on the motion.
- The result of the second vote stands and the meeting **moves to the next item** for consideration.

What's the "Point "of Order?

- ◆ To ensure that all voices that wish to be heard are heard.
- ◆ To ensure that no one voice dominates all others.
- ◆ To ensure that everyone gets to speak **once** before another speaks **twice**.
- ◆ To ensure that everyone understands the content of the vote.
- ◆ To ensure that it is clear what actions were taken.
- ◆ To ensure a thorough record of the actions taken.

Motions requiring substantial unanimity of the meeting require a two-third majority for approval. In some cases, the minority opinion (the people who "lost" the vote) may be larger than 50% of the vote.



STRUCTURE OF THE CONFERENCE

(U.S. and Canada)



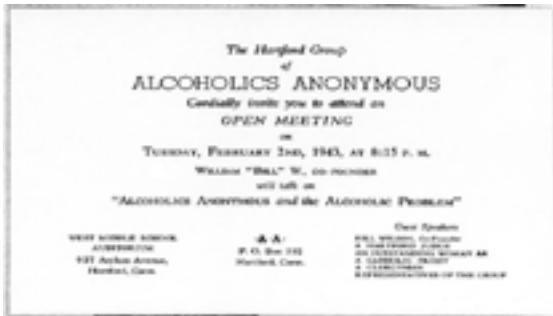
AREA 4 LINKS:

EVENTS

COMMITTEES

AREA AGENDA

Area 4 GSR Workbook



1943

BILL KEEPS TRAVELING

As group after group sprouts up, Bill continues traveling around the country, often accompanied by Lois. His arrival in towns large and small is cause for great excitement as A.A. members flock to hear his talks and speak with him one-on-one. The announcement shown at right invites people to hear Bill speak at an open meeting in Connecticut.

1967

AN INTERNATIONAL AWARD FROM THE FRANCISCANS

In April 1967, Alcoholics Anonymous receives the International Award of the Conventional Franciscan Fathers and Brothers. Dr. John L. Norris, chairman of the Board of Trustees, accepts the plaque and citation, which notes, in part, "The sympathetic understanding and the patient application of charity toward those afflicted with the disease of alcoholism has brought about the rehabilitation of thousands of alcoholics formerly thought to be hopeless alcoholics."



1992

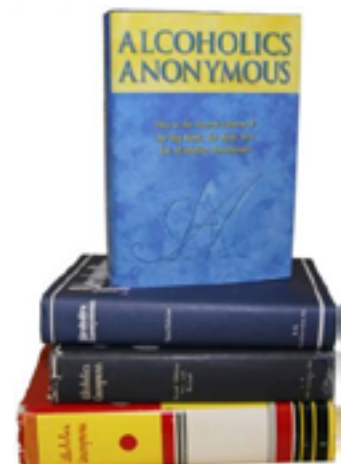
A.A. GENERAL SERVICE OFFICE MOVES UPTOWN IN 1992

After 20 years on Park Avenue South, on Manhattan's East Side, G.S.O. New York relocates to 475 Riverside Drive. The date is March 1992. (Serendipitously, the 19-story limestone building was built by the Rockefeller family, so important to the Fellowship's early history.) The G.S.O. occupies the entire 11th floor, with The Grapevine offices one flight up. Every year, hundreds of A.A. members from around the world visit. A tour of the offices and Archives is provided to all visitors; no appointment is necessary.

2009

A.A.'S BIG BOOK HITS ANOTHER MILESTONE

The 70th publication anniversary of the Big Book, Alcoholics Anonymous, is marked in April 2009. Now in its fourth edition, it is expected that the 30 millionth copy will be published sometime that year. Available in 58 languages, including American Sign Language and Braille, multiple prints and audio formats, A.A.'s basic text has carried the message of hope and recovery around the world.







UPCOMING EVENTS

July 9-10, 2022

Area Assembly (Hybrid)

Hole in the Wall

Conway, AR

Meeting ID: 931 0896 7121

Passcode: Box459

July 29-31, 2022

82nd Old Grandad

Arlington Resort and Spa

Hot Springs, AR

August 19, 2022

Cabot Group's 40th Birthday

Cabot Church of Christ

500 N. 2nd Street, Cabot, AR

September 2-5, 2022

District 5 4th Annual CAMPNIC

Campout Sept 2-5

Potluck Picnic September 3

Petit Jean State Park

September 22-25, 2022

NAAAW 2022

Wyndam Hotel

North Little Rock, AR

October 6-9, 2022

ARKYPAA XXXVIII

Camp Mitchell

Morrilton, AR

October 29, 2022

Ar Central Office Chili Challenge

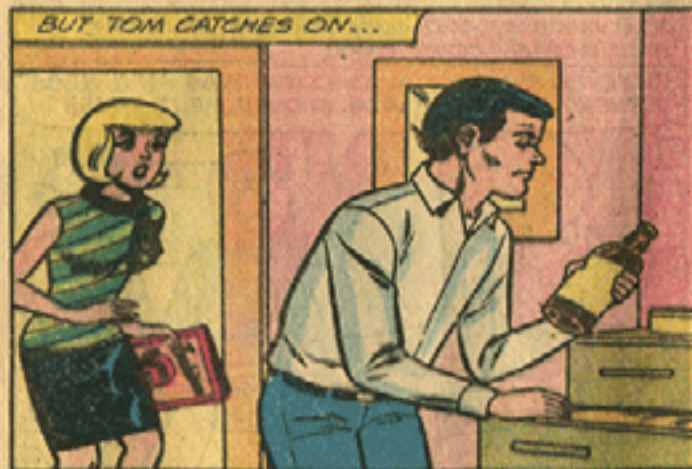
Location TBD



IT HAPPENED TO ALICE



This is Al-Anon
Conference Approved Literature.



... TO BE CONTINUED

The Shopping Cart Mental Attitude: Correcting My Neglectful Mental Shortcomings

Directionless and defeated, bankrupt in every department, ashamed of all my many failures, I drank myself into oblivion every day/night wondering if things were ever going to change and where it was all going to end. How I got to that state of decline was a mystery, after all, weren't my plans always noble? What went wrong? What went right is the question I should have been asking myself. I had painted myself into the corner of life, and the booze had come to the end of whatever comfort it had afforded me in the past. It was over for me and my flawed perception of life. Maybe I should try A.A., after all, what have I got to lose? (GOOD IDEA)

Amazed at what I heard in the meetings I was taking mental notes about how simple life was, and how my false vision of it in the past was my undoing. Maybe I should take a step back and not be in such a hurry to express my opinions, and to tell them how I do things. (GOOD START) Listening to the metaphors, similes, and clichés, was extremely helpful, in that it kept reminding me that I had to change my way of looking at things. In the past, I usually did just the opposite of the things they were suggesting. Trying to catch myself doing something that I knew to be wrong, and correcting it on the spot, became a mission for me.

One day, about forty years ago, while trying to find a parking space in a crowded lot at the market, I found one, and as I pulled into it, I found that someone had pushed a shopping cart into the flower bed, and it impaired my access. I was a little perturbed at this when it occurred to me that this is what I would have done in the past myself. Next, I removed the cart, parked my car, and returned the cart to the rack, and went on about my business. I have been doing this little discipline ever since and now, when I get out of my car, I almost always find a stray cart and return it to the Rack. This is just one of my efforts that symbolize the unselfish mental attitudes that I should have had all along. I make my bed daily, I allow drivers in front of me on the highway, and I open doors for people when the opportunity presents itself. These actions cost me nothing.

Today, my conscience is clear and I no longer loath myself. This is what is important to me these days. My old selfish way of thinking would have me take every advantage to get ahead in a material way, but I would suffer in a spiritual sense. I need to stay vigilant at that level or I may let my ego return to the driver's seat. Taking these disciplines into all my ventures of life has been a wonderful asset and I hope I never get complacent about these things.

Recently, I was handed an article from a sports newsletter written to instill character in the school sports programs and the writer commented that: "There are two kinds of people in the world, those that put the cart back in the rack, and those that make excuses for why they shouldn't have to do it." I mirthfully agree.

By Rick R. (Reprinted from Gratitude Gazette, Temecula Valley Central Office, July 2021)

Editorial on the 7th Tradition

By Bill W - June 1948 (Copyright The AA Grapevine, Inc.)



The A.A. Groups themselves ought to be fully supported by the voluntary contribution of their own members. We think that each group should soon achieve its ideal: that any public solicitation of funds using the name of Alcoholic Anonymous is highly dangerous, whether by groups, clubs, hospitals or other outside agencies; that acceptance of large gifts from any source, or of contributions carrying any obligation whatever, is unwise. Then too, we view with much concern those A.A. treasuries which continue, beyond prudent reserves, to accumulate funds for no stated A.A. purpose. Experience has often warned us that nothing can so surely destroy our spiritual heritage as futile disputes over property, money, and authority.*

Our growth continuing, the combined income of Alcoholics Anonymous members will soon reach the astounding total of \$250,000,000, a quarter of billion dollars yearly. This is the direct result of A.A. membership. Sober we now have it, drunk we would not.

By contrast, our over-all A.A. expenses are trifling.

For instance, the A.A. General Office now costs us \$1.50 per member a year. As a fact, the New York office asks the groups for this sum twice a year because not all of them contribute. Even so, the sum per member is exceedingly small. If an A.A. happens to live in a large metropolitan center where an intergroup office is absolutely essential to handle heavy inquiries and hospital arrangements he contributes (or probably should contribute) about \$5.00 annually. To pay the rent of his own group meeting place, and maybe coffee and doughnuts, he might drop \$25.00 a year in the hat. Or, if he belongs to a club it could be \$50.00. In case he takes *The A.A. Grapevine* he squanders an extra \$2.50!

So, the A.A. member who really meets his group responsibilities finds himself liable for about \$5.00 a month on the average. Yet his own personal income may be anywhere between \$200. and

\$2,000. a month—the direct result of not drinking.

"But", some will contend, "our friends want to give us money to furnish that new club house. We are a new small group. Most of us are still pretty broke. What then?"

I am sure that myriads of the A.A. voices would now answer the new group saying, "Yes, we know just how you feel. We once solicited money ourselves. We even solicited publicly. We thought we could do a lot of good with other peoples' money. But we found that kind of money too hot to handle. It aroused unbelievable controversy. It simply wasn't worth it. Besides, it set a precedent which has tempted many people to use the valuable name of Alcoholics Anonymous for other than A.A. purposes. While there may be little harm in a small friendly loan which your group really means to repay, we really beg you to think hard before you ask the most willing friend to make a large donation. You can, and you soon will, pay your own way. For each of you these overhead expenses will never amount to more than the price of one bottle of good whiskey a month. You will be everlastingly thankful if you pay this small obligation yourselves.

When reflecting on these things, why

should not each of us tell himself, "Yes, we A.A.s were once a burden on everybody. We were 'takers.' Now that we are sober, and by the Grace of God have become responsible citizens of the world, why shouldn't we now about face and become 'thankful givers'! Yes, it is high time we did!"





Step 7

Humbly asked Him to remove our shortcomings.

Step Seven is about getting rid of character defects and replacing them by practicing humility & spiritual principles. Working on the seventh step requires constant thoughtfulness and commitment to being honest, courageous and humble.

When working on steps four and five, we discovered our assets and shortcomings. With step six, we became prepared to deal with these qualities so that in step seven we could be ready to act.

Here are some questions to help guide you through Step Seven:

- How has my understanding of my higher power grown?
- How does being aware of my own humility help when working the seventh step?
- How do I plan to ask a higher power to remove my shortcomings?
- How does the spiritual principle of "surrender" work for me in step seven?
- Am I comfortable with prayer and meditation; even if it means making up my own?
- Have there been times when I have been able to stop from acting on a character defect and practice a spiritual principle instead?



Tradition 7

Every AA group ought to be fully self-supporting, declining outside contributions.

The paradox of A.A. is that financial independence and the support of our Fellowship by alcoholics and alcoholics alone not only enhances A.A.'s importance to each of us, but stimulates our engagement in our own recovery.

While the Fellowship has always faced problems of money, property, and prestige in one form or another, through the wisdom of the Seventh Tradition we have never been diverted from our primary purpose of carrying the message to the alcoholic who still suffers. This is our fundamental work, and to ensure that the hand of A.A. will always remain outstretched, money and spirituality must continue to mix. And for that, we are all responsible.

Honestly now, do I do all I can to help AA; my group, my central office, my GSO to remain self-supporting? Could I put a little more into the basket on behalf of the new guy who can't afford it yet? How generous was I when tanked in a barroom (or restroom)?

Concept 7

The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and A.A. purse for final effectiveness.

The charter and bylaws of the GSB are legal documents and those of the GSC are not. There may be times where the Conference has "gone off the deep end" and the Board needed to reel them back in through the vetoing of Conference action. The Trustees have "legal authority," where the Conference only has "moral authority."

Principle 7

Humility

Anonymity is real humility. It was only by repeated humiliations that we were forced to learn about humility. It reminds us that we are to place principles before personalities; that we are actually to practice a genuine humility.

7th Step Prayer

My Creator, I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows.

Grant me strength, as I go out from here, to do your bidding. Amen.

Please direct all
communications to:

P.O. Box 459
Grand Central Station
New York, NY 10163
Fax: (212) 870-3003

The Preface to the Second Edition of the Big Book explains that revisions to the personal history section of the book were made in order “to represent the current membership of Alcoholics Anonymous more accurately, and thereby to reach more Alcoholics.” In that spirit, the 2021 General Service Conference recommended that “a Fifth Edition of the Big Book, Alcoholics Anonymous, be developed, including an update of stories to better reflect the current membership, keeping in mind the 1995 Advisory Action:

“The first 164 pages of the Big Book, Alcoholics Anonymous, the Preface, the Forewords, ‘The Doctor’s Opinion’, ‘Dr. Bob’s Nightmare’, and the Appendices remain as is.”

In response to the 2021 General Service Conference Advisory Action requesting the development of a Fifth edition of the book Alcoholics Anonymous, the trustees’ Literature Committee is seeking a wide range of A.A. recovery experience of members in the Fellowship.

The trustees’ Literature Committee is searching for recovery stories of our members for possible inclusion in the Fifth Edition which are from a broad cross-section of our local communities, all stories are of value. As Bill writes on page 29 of the book Alcoholics Anonymous: “Our hope is that many alcoholic men and women, desperately in need, will see these pages, and we believe that it is only by fully disclosing ourselves and our problems that they will be persuaded to say, ‘Yes, I am one of them too; I must have this thing.’”

It is the Literature Committee’s shared hope that any new stories from our current membership will help future alcoholics to identify and find recovery in the pages of a Fifth edition.

The suggested format for typed manuscripts is 3500 words, double spaced, in 12-point font. Handwritten manuscripts should be approximately 5 to 6 pages. Please include your complete name, address, and email/phone information on the first page of the submission. A copy of your manuscript should be retained for your files.

The anonymity of all authors will be observed whether their story is selected for publication or not. Stories will be accepted in English, French or Spanish.

If you have any questions, please write to 5BBStory@aa.org.

Instructions for submitting your manuscript

Deadline: Please submit on or before October 31, 2022.

Online: [aa.org/submit-big-book-english-5th](https://www.aa.org/submit-big-book-english-5th)

Email: 5BBStory@aa.org

Subject Line: Fifth Edition of the Book Alcoholics Anonymous

Postal Mail:
Attn. Literature Assignment
General Service Office
Box 459
Grand Central Station
New York, NY 10163

On the envelope:
The word “5th Edition BB” should be written on the envelope and at the top of the first page of the manuscript.

*Thank you to all who
are participating in
this process!*

SHOUT OUT TO OUR PHONE VOLUNTEERS!

Our lists of volunteers for both 12th Steppers and After-Hours are very fluid and the numbers fluctuate in response to life's challenges. We are always looking for interested A A'ers for both our lists. Currently we have only 86 volunteers on the After-Hours list, making the times they are asked to cover around every 48 days. If you are interested in giving it back! please consider volunteering in these areas. Give us a call at 501-664-6042 and let us know which list, or both, you would like to be on! We have an education packet to help you get started. To our 12th Steppers and After-Hours Volunteers; Thank You for Your Service!!

JANUARY:

TOTAL CALLS: 103
12 STEP: 10
AFTER HOURS: 35

MARCH:

TOTAL CALLS: 100
12 STEP: 10
AFTER HOURS: 50

FEBRUARY:

TOTAL CALLS: 101
12 STEP: 16
AFTER HOURS: 51

1ST QUARTER 2022

TOTAL CALLS: 304
12 STEP: 36
AFTER HOURS: 136

DOWNLOAD THE
MEETING GUIDE APP



Arkansas Central Office Financial Report. First Quarter

INCOME

Donations	21-Mar	22-Mar	Diff
Donations:**Change Donations	78	53	-26
TOTAL Donations:**Individuals	2186	1383	-803
Donations:**Memorials	0	100	100
Donations:**Recurring Donations	270	255	-15
Donations:*Alexander Group	75	0	-75
Donations:*Area4	290	0	-290
Donations:*Back to Bsics Russelville	141	0	-141
Donations:*Beebe Group Beebe	0	80	80
Donations:*Cabot Local Chapter #1	24	52	28
Donations:*Clinton Group Clinton	0	25	25
Donations:*District 12	50	0	-50
Donations:*F Street North Little Rock	0	1328	1328
Donations:*Founders Day Activity	0	-300	-300
Donations:*Gravel Ridge Sherwood	0	31	31
Donations:*HALT Little Rock	0	15	15
Donations:*Hope Grp North Little Rock	0	366	366
Donations:*Jonesboro Group	100	100	0
Donations:*Pig Pen Grp Little Rock	0	50	50
Donations:*S&JM	1000	0	-1000
Donations:*Stanley Phillips	0	107	107
Donations:*The Journey Grp Clinton	60	0	-60
Donations:*Tontitown Group	25	0	-25
Donations:*Tue-Thur Group Conway	0	333	333
Donations:*YANAFellowship	50	0	-50
TOTAL Donations	4349	4077	-272
TOTAL Sales	3334	3877	543
TOTAL INCOME	7683	7955	272

EXPENSES

Bookstore Purchases	1281	86	1195
Overhead			
Overhead:Accountant	150	0	150
Overhead:Activities & Events	16	70	-54
Overhead:Bank Charge	101	77	24
Overhead:Insurance Work Comp & Property	0	425	-425
Overhead:Internet ISP	150	175	-25
Overhead:Office Supplies	454	101	354
Overhead:Rent Building	922	968	-46
Overhead:Repair-Maintenance	0	1106	-1106
Overhead:Sales Tax & Penalties	143	559	-416
Overhead:Telephone	106	158	-52
TOTAL Overhead	2043	3639	-1596
Wages			
TOTAL Wages	2758	2865	-107
TOTAL EXPENSES	6081	6589	-508
OVERALL TOTAL	1602	1365	-236



NAMELESS

N E W S L E T T E R

A great big Thank You to all our In House Volunteers. These are the people that work the phones, clean the carpets, price the books, and a thousand other things daily in the Bookstore!

Billy O., Carolyn M., Mary M., Jim B., Jeremy C., Terri T., Perry DeJ., Woody T., Mark F., Caroline L., Clay C., Stephen C., Steve F., Susan R., Malise, P., Daisy M., Brandon, Chris, and several alternates.

Would you like to be an In-House Volunteer?

This is a great opportunity for you or your spouse. The shifts are from 10 am - 2 pm and 2 - 6 pm Monday through Friday, Saturday 10 - 2 pm and 2 - 6 pm on Sunday. Sometimes people alternate with another so they only volunteer every 2 weeks.



ARGENTINA



CANADA

SAVE THE DATE

*“Beyond Language,
Culture and Geography:
Sobriety Within
Everybody’s Reach.”*

Alcoholics Anonymous®

North/South Connections Virtual Special Forum — A.A. in Remote Communities

Saturday, July 16, 2022 – 11am-7pm EDT

Members from the service structures of Argentina, Canada, Chile and the United States will share their experience, strength and hope in extending the hand of A.A. to Remote Communities.

All sessions will be interpreted into American Sign Language (ASL) and English, French and Spanish.

The event is open to all members!

Registration and program will be available June 13, 2022, at www.aa.org.

**If you have any questions, please contact the Regional Forums desk at G.S.O.:
northsouthconnections@aa.org or (212) 870-3400**

UNITED STATES



CHILE



*Arkansas State AA Convention
Oldest AA Convention West of the Mississippi*

82nd "Old Granddad"

July 29th - 31st, 2022

*Arlington Resort Hotel & Spa
Hot Springs, Arkansas*

Please contact the hotel directly for room reservations at 501-623-7771.
Mention the Old Granddad Convention to obtain the discounted room rate.

Hospitality Room **Sight Seeing**

The Voice
Steve H. and Rebecca M.
Little Rock, AR

"We Don't Struggle"

Friday
2:00 pm Registration opens
7:30 pm Matt C. Nashville, TN

Saturday
9:00 am Gay N. San Antonio, TX
11:00 am Michele G. (AFG) Charleston, WV
2:00 pm Bill R. Stuttgart, AR
3:30 pm AA Open Discussion Meeting (Ballroom)
7:30 pm Pat Y. Palm Desert, CA

Sunday
8:00 am Mark B. - Meet the Delegate (Hospitality Room)
8:00 am Alanon Discussion Meeting (Ballroom)
9:30 am Terry E. New Orleans, LA

Archives **Dancing**

For more information contact us at convention@arkansasaa.org OR call / text (501) 314-9956

Registration also available online at www.oldgranddadconvention.com

\$25 PRE-REGISTRATION IF RECEIVED BEFORE JULY 15, 2022.

\$30 AT THE DOOR OR IF REGISTRATION RECEIVED AFTER JULY 15th

First Name and Last Initial on Badge	Home Group	AA	Al-Anon	Alateen	Other	Amount

All Registrations will be held in the name of:

NAME _____
ADDRESS _____
CITY _____
STATE _____ ZIP _____
EMAIL _____

Help Another With a Scholarship

Total Amount Due

Mail Registrations with all checks payable to:

CONVENTION TREASURER
P.O. Box 5311
Bella Vista, AR 72714

Cabot Group's 40th Birthday Celebration

*Honoring our Group Founders:
The Late Wil & Sue Huff*

Friday, August 19, 2022 • 6:15pm
Cabot Church of Christ Family Center
500 N. 2nd Street, Cabot, AR

5:30pm - Doors open for set-up
6:15pm - Potluck begins
7:30pm - Cabot Group History
presented by Emma E.
8:00pm - Guest Speaker, John L.
from Animal House Group



**Please bring
your favorite
dish or dessert!**

Contacts:

Garry D.....501-843-5531
Bill B.....501-412-9049
Emma E.....501-796-2503

AA is no success story in the
ordinary sense of the word. It is a
story of suffering transmuted,
under grace, into spiritual progress.

Bill W.

quoteoftheday



District 5
4th Annual CAMPNIC
Picnic & Campout @Petit Jean

Campout September 2-5

Potluck Picnic September 3rd

\$15 Per person VENMO@picnic2022

Food, Fun, & Fellowship

**Skits, speaker, campfire meeting, 50/50
drawing, & more!!**

**For more info call Yescenia @479-857-3353 or
Tiffany @479-857-1765**

ARKYPAA XXXVIII

BACK FROM THE GATES OF DEATH

October 6-9, 2022

CAMP MITCHELL, 10 CAMP MITCHELL ROAD,
MORRILTON, AR, 72110

www.arkypaa.org

CORY H. 501.658.4902 SYDNEY V. 501.350.0562
GILLY G. 870.370.7639

AR CENTRAL OFFICE

CHILI CHALLENGE

OCT 29
2022

LOCATION TBD

7:00 PM TIL ? **SPEAKER: TBD**

CHILI DINNER · LIVE MUSIC
ACTIVITIES AND FELLOWSHIP
RAFFLE · 50/50 AND
TROPHY PRESENTATIONS!
PAY WHAT YOU CAN

COUNTRY WESTERN COSTUMES ENCOURAGED

THE JAIL WILL BE OPEN!
THE SHERIFF WIL BE ARRESTING
THOSE IN VIOLATION OF TRADITIONS!



**\$10 CHILI
ENTRANCE
FEE**

Register By October 15th

SAVE THE DATE!

SEPTEMBER 22ND-25TH, 2022

WHAT? 25TH NATIONAL A.A. ARCHIVES WORKSHOP
WHERE? WYNDHAM HOTEL, NORTH LITTLE ROCK, AR

Local Tour, Workshop, Banquet



venmo
@NAAAW2022

DOES HISTORY CARRY THE MESSAGE?
You Bet It Does!

WEBSITE: [HTTPS://NAAAW2022.ORG/](https://NAAAW2022.ORG/) MORE INFO FROM THE
NATIONAL SITE: [HTTPS://WWW.NAAAW.ORG/](https://WWW.NAAAW.ORG/)

DONATIONS APPRECIATED. MAIL: P.O. BOX 6507,
SHERWOOD, ARKANSAS 72124 OR USE OUR
MOBILE QR CODES.



Paypal.me/NAAAWS2022

Arkansas Central Office

"Your intergroup, or central office, is often where the still-suffering alcoholic first calls or shows up for A.A. help." The A.A. Group pamphlet, pg 37

Working with/at AA conferences/conventions

Provides referral to other 12-Step Programs

Maintaining a list of A.A. speakers

One click to join a Zoom meeting on the Website

Did you know Central Offices are discussed in A.A. Literature? The A.A. Group Pamphlet pg 37, Service Manual (pS41-S42) and A.A. Guidelines for Intergroups and Central Offices.

Ordering, selling, and distributing A.A. Conference-approved and related literature

Handle phone, Internet, email and mail inquiries

Phone App W/GPS directions to all meetings in Arkansas!

Setup and Maintain a Website with the A.A. In Person Zoom and Hybrid meetings and events in Arkansas

www.arkansascentraloffice.org

We take cash, credit, debit cards and checks

Compiling and printing the State Wide A.A. Meeting Directory

Christmas Eve open House and potluck

ANNUAL FOUNDERS DAY EVENT

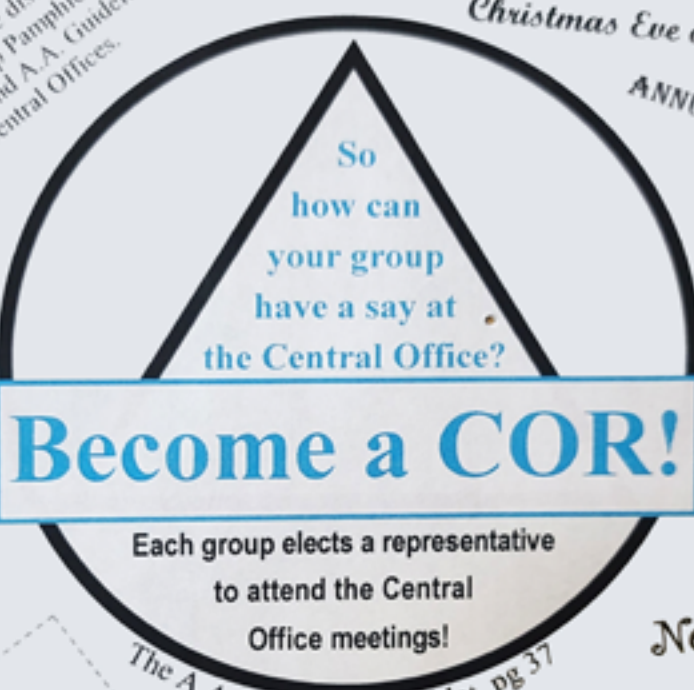
With the A.A. community's help the phones are answered 24/7 by alcoholics - No answering service

Newsletter

Maintaining a list of 12-Steppers for the entire state and refer newcomers & those that have slipped to them

Send your Sponsees to do 12-Step work!

Great place to do 12-step work or Hang Out!



CORs meet every month on the 4th Wednesday @ 5:30pm On Zoom and In-Person. Everyone Welcome

Many Service opportunities: After Hours Phone Answerer, 12-stepper, In-House Volunteer, Speaker,

Did you know your Arkansas Central Office has been in service for 46+ years!
Central Offices preceded the A.A. General Service Conference

Arkansas Central Office
7509 Cantrell Rd Suite 106
Little Rock, AR 72207
On the backside of the
Tangelwood Center
Hot Line 501-664-7303
501-664-6402
aacoar@gmail.com
arkansascentraloffice.org



Come by and visit *Your* Central Office!



Updated 7-30-21

Meetings
CORS 4th Wednesday monthly @ 5:30 pm
Board 3rd Monday Jan, Apr, Jul, Oct @ 5:30 pm
Activities 4th Tuesday monthly @ 5:30 pm
Everyone Welcome

ALCOHOLICAS ANONIMAS
LIBRERIA ESPANOLA
6602 LINEA BASE #A
LITTLE ROCK, AR
LITERATURA ESPANOLA DE AA

HORARIO DE LA TIENDA :
7 DIAS A LA SEMANA 7A.M TO 9P.M
CONTACTOS TELEFONICOS DE HABLA HISPANA
501-590-9147 501-231-1858
501-707-8146 501-749-6196

ALCOHOLIC ANONYMOUS BOOK STORE
6602 BASELINE #A
LITTLE ROCK, AR
SPANISH AA LITERATURE
STORE HOURS 7 DAYS A WEEK 7AM-9PM
SPANISH SPEAKING TELEPHONE CONTACTS
501-590-9147 501-231-1858
501-707-8149 501-749-6196



THE
**59TH INTERNATIONAL
WOMEN'S CONFERENCE**
WILL BE IN
DALLAS, TEXAS!

SAVE THE DATE!

FEBRUARY 16-19, 2023

DETAILS TO FOLLOW – LEARN MORE:

InternationalWomensConference.org

**INTERESTED IN VOLUNTEERING, PROVIDING AUCTION ITEMS, OR
MAKING SCHOLARSHIP CONTRIBUTIONS? PLEASE CONTACT:**

CHAIR, TERRI O: CHAIR59IWCDALLAS@GMAIL.COM

FUNDRAISING CHAIR, DEBBIE L: TSF59IWCDALLAS@GMAIL.COM

