



Nameless Newsletter



Published by: *Your*Arkansas Central  Office

3rd Qtr 2021

\$1 Off Big Book Sale + 10%?

You can buy a hard cover Big Book right now for \$8.50. The regular price is \$9.50. That is a super deal. Would you like an even better price? How about another 10% off? Buy a total of 10, mix or match, any format of Big Books, 12 & 12s or Daily Reflections. You get the \$1 off the hard cover Big Book, plus 10% - \$7.55 each. Yes, that is the lowest in years. You could order 5 hard cover Big Books @ 7.55 each, 3 - 12 & 12s @ 8.10 each, 1 complete Big Book on 16 CDs for only \$10.35, and 1 complete 12 & 12 on DVD in American sign language (yes, it's in stock) for \$9.68. You would save \$14.67 or almost the price of 2 more Big Books! (continued on next page)

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Arkansas Central Office Board Members

Eric G. - Chairman -

Cosmo, Little Rock

(Chair ends 12-31-23)

Board Member ends 12-31-24

Jamie Wright - Happy Hour

Little Rock

Board Member ends 12-31-22

Joe R. - Bridging the Gap

North Little Rock

Board Member ends 12-31-22

Melissa P. - Secretary -

Rock Group North Little Rock

Board Member ends 12-31-22

Brian C. Meeting in the Middle

Little Rock

Board Member ends 12-31-24

Terms are 2 years long with
a maximum of 3 elected terms

Employee Board Members

Bob W. - Treasurer, Office Dir.

Reservoir

Perry D. Liaison

Cosmopolitan

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**Your Arkansas
Central Office**
7509 Cantrell Rd. Ste 106
Little Rock, AR

Bookstore Hours
Mon-Fri 10am - 6pm
Sat 10am - 2pm
Sun 2 - 6pm

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arkansascentraloffice.org
Email: aacoar@gmail.com

Activities Committee The
CORs and COVID are now
planning activities

**Central Office Representa-
tives (CORs)** meet every
month

4th Wednesday @ 5:30

Activities Committee
CORs and COVID are now
planning activities

The **Board** meets
Jan, Apr, Jul, Oct on the
3rd Monday @ 5:30 pm

The above meetings are on
Zoom at this time. Anyone in
A.A. is invited to attend the
CORs or Board meeting.
Please call the office for
meeting numbers.

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to aacoar@gmail.com

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Or go for 10 hard cover Big Books for \$75.50 and save
\$19.50 from the one book at a time regular price. That's
within \$3 of 3 more books. Shoot, go for a case of 20 hard
cover Big Books and save \$39.00 and take someone out to
dinner!

The \$1 off Big Books ends when we have sold the special purchase Big Books.
The 10% off of 10 or more of all formats of Bog Books, 12 & 12's and Daily
Reflections is always available. The above prices are without sales tax.

Shout Out to our Phone Volunteers!

Our lists of volunteers for both 12 Steppers and
After-Hours are very fluid and the numbers fluctuate in
response to life's challenges. We are always looking
for interested A A'ers for both our lists. Currently we
have only 86 volunteers on the After-Hours list, mak-
ing the times they are asked to cover around every 48
days.

If you are interested in giving it back! please consider
volunteering in these areas. Give us a call @ 501-664-
6042 and let us know which list, or both, you would
like to be on! We have an education packet and short
videos about these services to help you get started.

To our 12 Steppers and After-Hours Volunteers;

Thank You for Your Service!!

July:

Total Calls: 127
12 Step: 24
After Hours: 42

September:

Total Calls: 126
12 Step: 33
After Hours: 51

August:

Total Calls: 97
12 Step: 33
After Hours: 39

3rd Quarter 2021

Total calls: 350
12 Step: 90
After Hours: 222





Print meetings in a town

We had a request to be able to print meetings in specific towns. My thought was we don't need that as well. We have the website that lists the meetings in all of Arkansas and then there is also the phone app with GPS directions to meetings. What else does a person need. But these tools may not be able to help the person being released from prison that doesn't have a phone or a computer. A person getting out of a rehab could be in the same situation. So we talked to our Webmaster, Wilma L., and she has set it up so people can print meetings for a specific town over most of Arkansas. This is great for a parolee or someone that is being released from a treatment center. The parole officer or councilor has a great new tool so they can set the person up with meetings close to them and then hand them a printed sheet to take with them.

To print the A.A. meetings in your city, or cities close by, go to the arkansascentraloffice.org website, click 'PRINT MEETINGS' from the list on the left and pick the cities you need. You may need to pick cities close by to where their home town to find enough meetings. This could also be a useful tool for sponsors.

Your Arkansas Central Office is here to support A.A. in Arkansas. "What can we do for you today?"

That One Question!

Your Arkansas Central Office has many services. One of the most important, with your help, is answering the phones 24/7 by alcoholics. Alcoholics are always there to help the suffering alcoholic no matter when they are ready to make that call.

To help the still suffering alcoholic we must determine that they are calling for help. You might think that they would say they want help but most ask for a meeting location or something similar. If we just give them a meeting location, as they asked for, we do them a grave disservice. That person has lifted that 10,000 pound phone and made that important call to save and change their life.

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A great big

Thank You

to all our

In House Volunteers

These are the people that man the phones, clean the carpets, price the books, and a thousand other things daily in the Bookstore! Billy O'B., Carolyn M., Becky H., Paul M., Eric G., Jennifer S., Mary M., Jim B., Jeremy C., Terri T., Perry DeJ., Woody T., Caroline L., Clay C., Steve F., Susan R., and several alternates.

Articles needed!

We want to send out our newsletter more often. But we are limited by a lack of articles. There is a tremendous amount of knowledge that AAs have to help each other. We hear it in every meeting. This can be general knowledge or something one of us is going through. Maybe the way we are working through that new situation. Whatever the case, we need to pull that information out of us and share it with others in an article for the newsletter. Articles are between 300 and 800 words. Please submit by email to aacoar@gmail.com.



Would you like to be an In-House Volunteer?

This is a great opportunity for you or your sponsee.

The shifts are from
10 am - 2 pm and 2 - 6 pm
Monday through Friday, Satur-
day 10 - 2pm and 2 - 6 pm on
Sunday.

Sometimes people
alternate with another so they
only volunteer every 2 weeks.

Did you know we ship
all over the country?
As a bookstore we
can ship books to
prisons

Me: My name is Matt H.,
and I'm an alcoholic.

AAA: This is AAA, not AA.

Me: Yeah, I was just
explaining how my car got
in the lake.



Your Bookstore

accepts cash, checks



We have developed a question that will get directly to helping them with what they really want. It also is the first step to breaking down the barriers that the person has erected around themselves. As we get them the information about where the meetings are we ask them, "Are you new in the program?" That one question starts a dialogue that gives them the chance to change their life and make them Happy, Joyous, and Free!

The next step for the In-House Volunteer or the After Hours Answering Person is to offer to have someone call them 'to answer all the many questions they must have about A.A.' We do not mention '12-stepper' because using words they aren't familiar with gets the conversation going in an unhelpful direction. At that point we do the best thing we can to help that person get started in A.A. and get them a 12-stepper. Getting a 12-stepper involved is the best thing we can do to help them get going in A.A. and change their lives.

We go over this method during training with the In-House Volunteers and outline it in the After Hours Packet we give to all the After Hours Phone Answering volunteers. We also offer training videos for all the people answering the phones. The main suggestion is to always ask someone we suspect might be a newcomer, someone asking for a meeting, "Are you new in the program?" With the answer to this question the volunteer can then go to the second step of getting them a 12-stepper. To see the 1st training video go to the website, arkansascentraloffice.org, TRAINING VIDEOS.

A. A., My Reflections

Alcoholics Anonymous is a foundational reading of principles and actions we must take for our recovery, to never drink again. These are designed to bring us closer to God and to build a deep and loving relationship with Him.

As I first work and live Steps 1 through 9, I have the Spiritual Experience promised in Step 12. I become clean and come to know God's love by His forgiveness. As I continue into Steps 10, 11, and 12, I draw closer to God. My life changes for the better and, as long as I continue to surrender by Step 3, I stay recovered.

Then I rely and trust God, He provides order in my life and in all I do. The more reliant on God I am, the more I trust
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and love, I have order in my spirit, soul, life and body. My surrender to God's Will results in knowing God's peace, what we call serenity.

It takes time and effort and God will discipline me. But the joy of life, the peace I have, is more than I deserve and something I could never earn. So I carry the message of Alcoholics Anonymous to the still suffering Alcoholics.

This is a never ending journey. May we meet as we trudge the road of happy destiny together.

In love and service,

Mara M. 4/24/1986



I Demand my Rights. I am a paid up member of A.A.!

An AA Slogan; "I am an Alcoholic"

Of all the AA slogans, this is the most common. After all, we speak it out loud before every single share. But some find this contentious, taking issue with the idea that this label somehow replaces their identity. We should remember two things when hearing or using this phrase. First, alcoholism does not define us. It only defines one aspect of our being. Think of being alcoholic in the same manner you think of being male or female, black or white, religious or agnostic, etc. Think of it in the same way you think about your job or the city in which you live. These things inform who you are, but you are still a complete person outside of these definitions. Nobody can take that away from you. Second, remember that identifying yourself within the group helps build a sense of unity. We are all different, but these words remind us that we still have something in common. Our members come in many shapes and sizes. We are people who might not have met each other if not for sharing a struggle against the same affliction. So, don't think of this as an unfair or offensive label. Simply consider it a reminder that you are not alone.

(pg5; *The Tippler*; January 2021; From 10 AA Slogans and Their Deeper Meanings.)

Need a special present for a friend, sponsor, sponsee or yourself ? *Your* Central Office has medallions AA necklaces and AA key chains, AA rings, 3D printed AA items, AA bracelets and walls of books.

I've joined Alcoholics Anonymous.
I now drink under a different name.



Thank You

To all the groups for your donations to keep the phones open for the suffering alcoholic.



After Hours

Volunteers

This you can do from your home. We will forward the phones to you anywhere in the state when we close. A great way to give back!

Give us a call @ 664-6042 to sign up!



“Okay! I just finished my ninety meetings in ninety days! When will you people tell me how this works?”

Recurring Donation

Can you **give back to AA** with a **recurring donation** from a credit card or your checking account?

Subscribe



on *Your* Website,
arkansascentraloffice.org,
or call Bob at 501-664-6042

Moments in A.A. History

July 1950:

Alcoholics Anonymous 15th Anniversary International Convention in Cleveland, Ohio; with 3,000 attendees.

Summer 2000:

47,000 persons celebrated Freedom from the Bondage of Alcohol at the 11th International Convention in Minneapolis, Minnesota.

August 2001:

Dr. George Vaillant (nonalcoholic trustee) and two G.S.O. staff members traveled to China by invitation to meet with medical practitioners and to attend meetings of China's 3 A.A. Groups in existence at that time.

July 2010

75th year of Alcoholics Anonymous in San Antonio, Texas is celebrated by members and guests from around the world with “A Vision for You” marathon meetings lasting 3 days.

Summer 2015

57,000 members and guests from around the world celebrate the 80th Birthday of A.A., in Atlanta. 250 scheduled meetings were held in various languages. The 35th million copy of the Big Book of Alcoholics Anonymous was presented to the Sisters of Charity of St. Augustine, being the order of Sister Ignatia.

June 9-11, 2017

The 8th Sub-Saharan African Service Meeting was held in Johannesburg, South Africa; attended by 24 delegates from 12 African nations.

DID YOU KNOW

The Earliest Bridging the Gap Work began 24 days after the start of Alcoholics Anonymous. This was when Bill W. and Dr. Bob had been Twelve Stepping AAs Third member (the man on the bed) Bill Dotson. It was on July 4, 1935 in Akron's City Hospital that Bill Dotson admitted he couldn't control his drinking and had to leave it up to God.

Bill W. and Dr. Bob made him get down on his knees at the side of the bed and pray and say that he would turn his life over to God. Before the visit was over, he suddenly turned
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to his wife Henrietta and said, "Go fetch my clothes, dear. We're going to get up and get out of here." He walked out of that hospital a free man, never to drink again.

AA's 1st Group dates from that day, July 4th; they had plenty to celebrate! So, they had a picnic. The Smiths, Bill Wilson, the Dotsons, and Eddie Riley (the first alcoholic they tried to help) were there.

At that time in the early summer of 1935, there were no meetings like we have today. Still, instead of leaving Bill Dotson to his own devices when it was time to be discharged, someone decided to stick close by, even if it was just a picnic, to help the newcomer get a good start in sobriety. That is about as close to today's Bridging the Gap as one can get.

(Based on an article from Bridging the Gap Temporary Contacts 2020 Summer Newsletter pg. 6)

Greetings from G.S.O. - Box 4-5-9

Groupservices wanted to share information with your Intergroup/Central Office that you may not be already aware of that might be useful to your office and the members you serve regarding digitally subscribing to the *publication Box 4-5-9 - News and Notes from G.S.O.*

If you haven't yet, it's as simple as visiting [Box 4-5-9 - News and Notes from G.S.O.](#) on www.aa.org and scrolling down to the "subscribe via email." You can use your office email, position of service in Intergroup/Central Office email, your personal email, or all of them if you would like. Immediately upon publication, the most recent issue will be sent right to your inbox. If homegroups have their own email set up, they can use that as well. On this same link, you can scroll to the bottom of the page and have instant access to ALL of the Box 4-5-9 newsletters past issues, from 1956 until NOW.

You also have the opportunity to visit the link previously provided ([Box 4-5-9 - News and Notes from G.S.O.](#)) and submit event information. Due to limited space, these events are limited to specific guidelines that you can find on the event submission page.

We hope this communication finds you well and we wish you and your Intergroup/Central Office well. And, of course, thank you for all you do for A.A.

Craig Weidner, G.S.O. Staff **With an Attitude of Gratitude**

Arkansas Central Office Mission Statement

The Arkansas Central Offices' staff and volunteers will strive to carry the A.A. message to the still suffering alcoholic.

It is our mission to support Arkansas' A.A. meeting groups by keeping them informed of the news and activities of Alcoholics Anonymous through our website and newsletter. To provide current Conference approved literature and other recovery related materials, and to offer individual support to the still suffering alcoholic through our 12 Step and After Hours on call service.

We are accountable to the Arkansas A.A. groups we serve through the Central Office Representatives (CORs) selected by the various A.A. groups and shall function within the purview of the 12 Traditions of Alcoholics Anonymous and the guidelines for Intergroup and Central Offices as set forth by the General Services Office of Alcoholics Anonymous.

The Staff and volunteers At Arkansas Central Office embrace A.A.'s Responsibility Statement as stated. "I am responsible...When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible." ©

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A drunk goes in a bar and asks for a shot of Jim Beam.

The bartender pours it, the drunk pushes it aside and asks for another shot of Jim Beam.

The bartender pours it and the drunk drinks it.

The bartender says, "I watched what you did and I don't understand why you pushed the first one away and drank the second one!"

The drunk stated, "I've been going to those AA Meetings, and they said,

"WHATEVER YOU DO, DON'T TAKE THAT FIRST DRINK!!!"

12-Stepper Suggestions - What can we do for you?

Nora B. had a great suggestion for a motto for the Arkansas Central Office. It showed us what we are here for and sets the tone for all we do. 'What can we do for you?' We are here to serve the AA community. Of course that puts the most important thing we do as helping the still suffering alcoholic.

We keep lists of men and women that have agreed to do 12-step work. As we worked to increase the size of our 12-stepper lists, trying to have people in every town in Arkansas, we found lots of people willing to help but many had a question. What is it a 12-stepper does? I think most of us have an idea but it was hard to put into words. We have thought about it and felt the best thing we could do was form an ad hoc committee of AA's to write up a list of suggestions so we did. Bob T. formed the committee and became chairman. The suggestions are in a Q & A format. As most everything in A.A. they are suggestions only and each person needing 12-stepping will be different. The suggestions can be downloaded from the website, arkansascentraloffice.org. On the website go to Resources, and click Suggestions for 12-Step Volunteers to print.

Do you have a year in A.A. and your sponsor's approval? Could you be a 12-stepper for your area? And/Or Would you like to answer the Arkansas Central Office phones when the office is closed a few times a year?

Call or send an email. 501-664-6042 aacoar@gmail.com.

The 12-Step Suggestions begin on the next page.



Suggestions for 12th Stepper Volunteers

The following Q-and-A offers some suggestions for 12th Stepper volunteers who are uncertain about their responsibilities when they call a prospect who has contacted the Central Office. These are suggestions only; they are in no way prescriptive. As the saying goes, take what you need and leave the rest.

1. How does the Central Office decide which 12th Stepper to call?

The Central Office has a list of men and women who are willing to take 12th-step calls. The Central Office will not give your number to a prospect. Instead, the Central Office will tell the prospect that an AA member will call them. The Central Office will then call people on the 12th Stepper list looking for a 12th Stepper willing to call the prospect.

If you agree to call the prospect, the Central Office will give you the prospect's name and phone number and any pertinent information obtained from the prospect. AA women are contacted to respond to women; AA men are contacted to respond to men.

Calls come into the Central Office from all parts of Arkansas. Which 12th Stepper gets called often comes down to location, but that's never perfect. The more rural, the harder it is to find a 12th stepper. The Central Office puts a date by the last time you were asked to make a 12th-step call. Even then, you may be called based on necessity. Sometimes, others are not available, or you just may be the only person in a 20- to 30-mile radius.

2. What if I am unable to call the prospect when the Central Office calls me?

If you are unable to call a prospect when the Central Office calls, tell them that. The Central Office will then call another 12th Stepper on the list. Just say, "I can't do it, please find someone else today." Some 12th Steppers pass it on to another trusted friend in the program, and that's OK.

3. How soon should I call the prospect?

We recommend that you call the prospect immediately or as soon as possible. Usually, the Central Office will tell the prospect that it may be a few hours, but the delay is the time spent finding someone in certain areas. If it's going to take more than an hour let the Central Office know that another 12th Stepper should be called.

4. What if I don't want the prospect to see my phone number on his or her caller ID?

You may temporarily block the caller ID by dialing *67 followed by the prospect's number. The prospect's caller ID will read Private Number.

5. What do I tell the prospect when I call?



When you call, make sure the person who answers is the person who made the call to AA. Give the prospect your first name, tell them that you are a member of AA, and ask how you can help them. As you talk with the prospect, keep in mind that the conversation is really just about one alcoholic talking to another alcoholic, sharing his or her experience, strength, and hope.

The Central Office volunteer may have at least some background information on the prospect you are calling. Just say something like, "Hey this is Matt. The AA Central Office said you called and you are new to AA (or new to the area), so I'm happy to tell you anything you want to know about AA." Find out as much as possible about the prospect's situation. Try to let them take the lead. Ask what they need and go from there.

Identify with the prospect, commiserate, talk about the Big Book, about how it worked for you, talk about how you saw that it was working for others. Sometimes, the volunteer who calls you doesn't have a full knowledge of the prospect's condition when they call you. It's important to identify or qualify the prospect as soon as possible and to get them the help they need (i.e., NA, CA, Al-anon, and Suicide Hotline).

6. What about meeting the prospect?

Try to meet the prospect at a meeting and try to take another AA member with you. If the prospect wants to meet away from a meeting ask another AA to come with you and agree to meet in a public place such as a fast-food restaurant or similar place. Avoid - strongly - meeting at the prospect's home. Also, you may want to take a new-comer packet and/or a copy of the Big Book to leave with the prospect.

7. Does a prospect need to be detoxed?

We are not medically trained to know. That is for the prospect to decide and they may want a Doctor's advice. We do know that detoxing can get severe and life threatening. Any emergency room will detox someone with or without insurance. They do bill you for the treatment. If you let them know you need to go to treatment after detox the hospitals have social workers that should help you find a treatment facility.

8. What if the prospect wants to go into treatment?

Most treatment centers won't take anyone until they are detoxed. Some treatment centers, but very few, will detox someone. If they just want a treatment center phone number suggest that he or she look in their phone book or search the Internet for a treatment facility. The Central Office tries to maintain a list of treatment centers. Virtually all treatment centers cost something. Tell the prospect they need to be sure their insurance company will work with the treatment center they choose. We don't know anything about any treatment center. We do not recommend a particular treatment center but if you went through treatment share your experience.

Remember, the AA program has worked for millions of people. Once a person is detoxed, if needed, then they can begin the AA program. As long as they will take the action suggested they can stop drinking and become happy, joyous and free.



9. What do I do if the prospect has no transportation?

The first rule of thumb is that AA is not a taxi service. You are not obligated to provide a ride to meetings or treatment centers or any other place the prospect wants to go. However, the Central office has a list of people that will give a ride to their first meeting. Remind the prospect that they can get to a meeting by walking, bus, Uber, and taxi or whatever method they have used to get around. Once they are at the meeting they may find a ride home.

10. What do I tell the prospect if he or she has been in the AA program before?

If the prospect has been in AA before, he or she may know as much about AA as you do. Maybe more. Ask what he or she needs. Find out more. Did the prospect work the steps? Did it work for them before, and do they think it will work this time? Tell them (briefly) how it worked for you.

11. What information is available at the AA Central Office or on the AA GSO website that offers general guidelines for providing information about the AA program?

Pamphlets of every kind are available online at aa.org or arkansascentraloffice.org. Printed literature, including newcomer packs, are in the racks at the Central Office. There is also an event/flyer/information wall at the Central Office.

12. How long should I talk to someone who is clearly very drunk during the call?

There is no definitive answer to this question, but the quick answer is: not long. We suggest that you give it 10 minutes or so. If the prospect becomes argumentative, or if you end up in a lot of circular discussion, offer to call the prospect later.

13. What should I tell the prospect if he or she asks about special groups for doctors?

These groups do exist, but the contact information is restricted. Tell the prospect to contact the AA Central Office during normal business hours (M-F) to be referred to one of these groups.

14. Should I follow up in the following days?

The simple answer is yes. The best way to help the person be successful in AA is to call in the next day or two and see how they fared in their first meeting. Encourage them to take the action and not stop until the miracle happens. Help them find a sponsor (or yourself) to help them through the steps.

There is a special satisfaction that comes from
helping someone get started in AA.

Donations 3rd Quarter 2021

3Q18	3Q19	3Q20	3Q21	Donations	INCOME	Sep20	Sep21
0	35	0	0	::**Activity Donations		0	0
139	167	235	133	::**Change Donations		98	20
0	4	0	0	::**Conv Jar Donations		0	0
0	248	0	0	::**Drink Donations		0	0
27	419	3910	2279	::**Individuals		453	467
175	0	60	0	::**Memorials		60	0
305	240	975	900	::**Recurring Donations		310	300
497	195	102	142	::**SOS Sharing Our Sobriety		23	62
219	43	0	77	::*120 & Half Little Rock		0	0
56	0	0	0	::*164 Club Paragould		0	0
0	0	0	44	::*AA Camus Grp Fayetteville		0	0
50	0	0	75	::*Alexander Group		0	0
727	1065	240	414	::*Anonymous Groups		80	59
0	52	0	0	::*Back to Basics Maumelle		0	0
0	0	245	60	::*Back to Bsics Russelville		215	30
189	76	0	0	::*Barely Legal Little Rock		0	0
65	0	125	118	::*Beebe Group Beebe		125	0
0	0	0	265	::*Big Meeting		0	265
589	305	1227	750	::*Bridging the Gap North little R		0	0
0	50	0	0	::*Brown Bag Little Rock		0	0
251	121	194	154	::*Cabot Local Chapter #1		82	0
40	0	0	0	::*Clinton Group Clinton		0	0
0	0	116	0	::*Cortez Pavillion Grp		0	0
0	0	1000	454	::*Cosmopolitan Little Rock		0	0
0	0	200	0	::*District 6		200	0
0	210	0	0	::*Downtown Nooners Little Roc		0	0
200	0	0	0	::*Dunbar Little Rock		0	0
0	22	0	0	::*East End Group Little Rock		0	0
438	204	0	1100	::*F Street North Little Rock		0	0
60	29	0	101	::*Foxhall Sherwood		0	0
8	0	0	0	::*Gaslite Little Rock		0	0
150	0	0	77	::*Grace Womens Grp Conway		0	0
0	71	0	64	::*Gravel Ridge Sherwood		0	0
25	0	0	0	::*Greers Ferry Grp		0	0
1733	1321	0	222	::*HALT Little Rock		0	19
0	0	0	150	::*Hi Nooners Fayetteville		0	0
25	35	75	0	::*Hill Group Little Rock		0	0
240	200	222	339	::*Hope Grp North Little Rock		0	339
0	0	0	270	::*Hope Jonesboro		0	0
0	0	250	100	::*Jonesboro Group		250	100
0	83	0	0	::*L.O.L.		0	0
50	0	100	50	::*Meeting in the Middle Little R		0	50
25	50	50	50	::*New Hope Heber Springs		0	0
102	155	87	0	::*Nooners Conway		0	0
66	0	0	0	::*Northside Sobriety North Littl		0	0
0	45	0	0	::*Paragould Club Paragould		0	0
0	0	114	140	::*Pinnacle Mtn Little Rock		0	39
0	35	0	100	::*Rebos Little Rock		0	0
575	379	0	183	::*Reservoir Little Rock		0	0
53	0	0	115	::*Rock Bottom Benton		0	0
151	0	195	0	::*Rock Group North Little Rock		0	0
0	100	0	0	::*Rogers Group		0	0
0	0	104	0	::*Rule 62 Jacksonville		0	0
50	0	0	148	::*S.O.S. Women's Meeting Cabot		0	96
118	206	40	320	::*Saints We Ain't Little Rock		40	320
10	0	0	25	::*Salem AA		0	0
0	0	153	0	::*Searcy AA Group		153	0
0	0	0	25	::*Seeking Serenity Conway		0	0
57	60	0	0	::*Sherwood, Sherwood		0	0
0	25	50	0	::*Sisters Seeking Sobriety Little		0	0
300	0	0	0	::*Sterling Men's Group		0	0
222	0	0	0	::*Taproot Little Rock		0	0
0	0	40	0	::*The Journey Grp Clinton		0	0
0	0	50	75	::*Tontitown Group		50	25
0	190	0	30	::*Unknown		0	0
0	300	0	300	::*Wednesday Night B.B. Little R		0	0
55	50	0	20	::*Welcome Grp Hot Springs Villa		0	0
0	0	0	100	::*Wye Mountain		0	100
8042	6843	10487	10066	TOTAL Donations		2220	2290

Individual Donations are down again for the Qtr but meeting donations are up .

Things aren't always as they seem

When we sell a book, the book cost us ***something***

My point is sales are not 'all income'

Donations are 100% money we can pay the rent with! Sales are not.

Yet Quicken forces us to view Sales and Donations as equal income.

Arkansas Central Office Financials for 3rd QTR/September 2021

TOTAL INCOME = Donations + Sales

TOTAL EXPENSES (OUTGO) = Bookstore Purchases + Overhead + Wages

OVERALL TOTAL = DIFFERENCE BETWEEN INCOME & EXPENCES (OUTGO)

3Q18	3Q19	3Q20	3Q21	Income	Sep20	Sep21
8042	6843	10487	10066	TOTAL Donations	2220	2290
0	0	64	160	Interest Inc	0	160
0	0	62	100	Refund Debit Card	0	100
				Sales		
13136	14995	8681	15336	TOTAL Sales	1894	5509
21178	21838	19294	25662	TOTAL INCOME	4114	8059
3Q18	3Q19	3Q20	3Q21	EXPENSES	Sep20	Sep21
6833	5129	12647	8893	Bookstore Purchases	4762	6832
				Overhead		
450	300	450	450	Overhead:Accountant	150	150
60	537	-411	-326	Overhead:Activities & Events	16	16
152	199	216	251	Overhead:Bank Charge	46	121
0	21	0	0	Overhead:Business Meeting - Fo	0	0
204	177	0	105	Overhead:Conventions	0	105
0	0	0	0	Overhead:Insurance Work Com	0	0
186	329	435	690	Overhead:Internet ISP	235	150
181	197	0	89	Overhead:Meeting Supplies	0	0
188	0	0	402	Overhead:New Equipment	0	0
63	235	146	134	Overhead:Office Supplies	9	34
2634	2766	2766	2766	Overhead:Rent Building	922	922
46	100	91	194	Overhead:Repair-Maintenance	0	0
866	1096	896	1125	Overhead:Sales Tax & Penalties	268	395
307	296	317	318	Overhead:Telephone	106	106
5337	6253	4906	6198	TOTAL Overhead	1752	1999
0	0	0	100	Personal use Debit Card	0	100
				Wages		
1227	1480	1530	1577	Wages:Federal Withholding Dep	510	526
4889	6336	6510	6697	Wages:Salary-Paychecks	2170	2232
23	177	0	0	Wages:State Withholding	0	0
6138	7993	8040	8273	TOTAL Wages	2680	2758
18307	19375	25593	23465	TOTAL EXPENSES	9194	11689
3Q18	3Q19	3Q20	3Q21	OVERALL TOTAL	Sep20	Sep21
2871	2463	-6299	2197		-5079	-3631

Donations are good. Sales are high, TOTAL INCOME is up

Bookstore purchases are high after high sales and restock after several months of low purchases

Room Guarantee made for the wrong month - bob did it.

Bookstore sales way up so sales tax is too!

Total EXPENSES are high mostly due to higher bookstore purchases

It was a losing month due to catching up on Bookstore Purchases but the Qtr was winning by 2197

Banking Balances for last month

General Checking:	Beginning Balance \$18076.81	Ending Balance \$15022.45	Fees \$0
PayPal Account	Beginning Balance \$442.43	Ending Balance \$141.32	Fees \$120.80
Below - Prudent Reserve - 10-18-21 Board voted to have a 4 month (\$30,000) total Prudent Reserve			
Reserve Account	Beginning Balance \$7691.49	Ending Balance \$7691.49	Fees \$0
First Financial Savings:	Balance \$8313.07	Interest .1% as of 8-19-21	% Floats w/discount rate
First Financial CD:	Balance \$4141.34	Maturity date 8-2-2022	Interest 2.60%

Total
\$20145.90

Narrative

Compared to this period last year

Income: Individual Donations were down again for the QTR but group donations made up for it leaving donations in good shape. Sales made a good increase which made the TOTAL INCOME for the QTR the best in 4 years by 3829!

Expenses (Outgo): Expenses were inline with the income increase. (When income goes up generally expenses go up)

Overall: Although September was a losing month the QTR came out as a winning period by 2197.